

# YMCA of Norwalk

## Main Pool Schedule September 2007 – November 2007

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
5:30am-8:30am Adult Lap Swim *(1)	5:30am-8:30am Adult Lap Swim *(1)	5:30am-8:30am Adult Lap Swim *(1)	5:30am-8:30am Adult Lap Swim *(1)	5:30am-8:30am Adult Lap Swim *(1)	8:00am-9:30am Adult Lap Swim *(4)	8:00am-10:00am Adult Lap Swim
8:30am-11:00am Lap Swim	8:30am-11:00am Lap Swim	8:30am-11:00am Lap Swim	8:30am-11:00am Lap Swim	8:30am-11:00am Lap Swim	9:30am-12:00pm Lap swim *(6)	10:00am-3:30pm Lap/ Open Swim
11:00am-4:00pm Lap/ Open Swim *(7)	11:00am-4:00pm Lap/ Open Swim *(7)	11:00am-4:00pm Lap/ Open Swim *(7)	11:00am-4:00pm Lap/ Open Swim *(7)	11:00am-4:00pm Lap/ Open Swim *(7)	12:00pm-5:00pm Lap/ Open Swim	
4:45pm-6:30pm Lap Swim*(2)	4:45pm-6:30pm Lap Swim*(2)	4:45pm-6:30pm Lap Swim*(2)	4:45pm-6:30pm Lap Swim*(2)	5:45pm-9:00pm Lap/ Open Swim *(5)		
7:45pm-8:00pm Lap Swim*(3)	7:45pm-8:00pm Lap Swim*(3)	7:45pm-8:00pm Lap Swim*(3)	7:45pm-8:00pm Lap Swim*(3)			
8:00pm-9:00pm Lap/ Open Swim	8:00pm-9:00pm Lap/ Open Swim	8:00pm-9:00pm Lap/ Open Swim	8:00pm-9:00pm Lap/ Open Swim			

### Number Key:

- \*(1) 5:30am-6:45am Lap Swim 3 lanes & Swim team 3 lanes**
- \*(2) 4:45pm-6:30pm Lap Swim 1 lane & Swim team 5 lanes**
- \*(3) 7:45pm-8:00pm Lap swim 1 lane & Swim team 5 lanes**
- \*(4) 7:30am-12:00pm Lap swim 3 lanes & Swim team 3 lanes**
- \*(5) 5:45pm-8:00pm Lap swim 2 lanes, Open swim 2 lanes & Swim team 2 lanes**
- \*(6) 9:30am-12:00pm Lap Swim 2 lanes, Swim lessons 1 lane & Swim team 3 lanes**
- \*(7) 2:45pm-4:00pm Lap Swim 2 lanes & Swim team 4 lanes**